



# TRICENTIA ACADEMY



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Ms. Tanya Harris, Principal (tanyaharris@nlesd.ca)  
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Ms. Lisa Warren, Administrative Assistant (lisawarren@nlesd.ca)

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January 2, 2024

Dear Parents/ Guardians,

In partnership with NL Health Services, Mental Health and Addictions, we are pleased to announce that we will have a Mental Health Counselor from the Doorways program, in our building one day a month. This is something any student can avail of and will be done so in a private and confidential manner. No child under the age of 12 will be seen without prior connection to their caregiver. However, If the caregiver is in agreement and it's clinically decided that individual sessions are the best form of service for this child, then the child can be seen during the doorways clinic at school!

There will be a secure and confidential box placed outside Ms. Hiscock's office for students to place their names in if they would like to meet with the counselor. Students will be able to drop in, without pre arrangements made, to see the counselor on the days that she is here, if time permits. Students can also email Mrs. Harris or Ms. Hiscock to add their names to the list for a particular day/time. Priority will be given to those students who have pre-arranged or are in a crisis to meet with the counselor.

We know that accessing a counselor during school hours can be difficult and this will help remove that barrier. Now students are able to see a professional while in school and once again with confidentiality being a priority. Anything that is discussed would be solely between the student and the Counselor. The clinician assigned to our school will be starting on Wednesday, Jan 17, 2024 . She will be here around the same date every month. Once this service begins, we will send home a note with exact dates for the rest of the year.

We are so excited for this program to get up and running as this is an excellent service for our students to avail of right here in our school building!

If you have any questions or concerns, please please call Mrs. Harris or Mrs. Hiscock at the school.

Thank you,

Tanya Harris  
Principal